

A BOOK ABOUT A FIRST RESPONDER FAMILY AND PTSD

CODE
9PTSD

YOU'RE
NEVER
ALONE

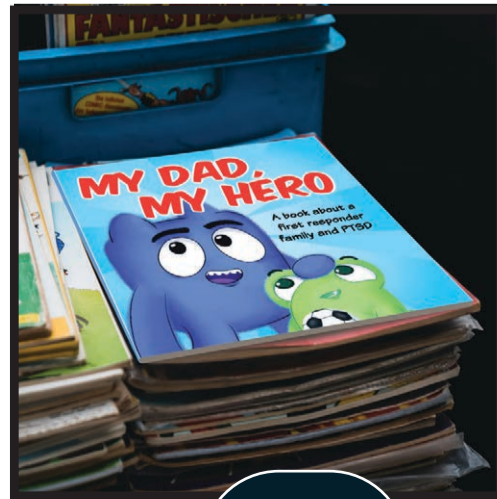
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MY DAD, MY HERO

ONLY
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mydadmyhero.com.au

A heartfelt book designed to help **FIRST RESPONDERS** explain complex mental health issues like **PTSD, DEPRESSION & ANXIETY** to their young children with **CLARITY AND COMPASSION**.



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